

125 BROAD CONDOMINIUM

*125 Broad Street
New York, NY 10004*

Mental Health First Responder Training Protocol

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SCOPE: This plan applies to full time employees in areas under control of building management, within 125 Broad Condominium located at 125 Broad Street, NY, NY 10004, and outlines a training program for mental health first aid. This plan was updated in June 2022 and is reviewed annually and shall continue indefinitely or until amended and/or replaced by a subsequent policy.

This plan requires execution in the event of a contagious disease outbreak, as defined by the national, regional, and/or local public health authority.

TRAINING REQUIREMENTS

Mental health first aid training is provided that meets the following guidelines:

- Is delivered by a certified mental health professional
- educates trainees on how to identify, understand and respond to signs of mental health issues, for example:
 - anxiety
 - acute stress disorders
 - depression
 - substance use disorders
 - suicidality or self-harm
 - abuse or neglect
- educates trainees on de-escalation techniques

Training is available to applicable occupants upon request. Training must be provided to the contagious disease response task force and at least one individual for every 100 applicable occupants, including task force members