



Bowls

- Mexican** \$8.49
Steamed rice, pico de gallo, corn, black bean, lettuce, cheese, sourcream, house sauce and grilled chicken (Add Guacamole 0.75)
- Mediterranean** \$8.49
Quinoa, pico de gallo, hummus, cucumber, lettuce, black olive, red onion, banana pepper, Feta cheese, grilled chicken and house dressing
- Asian** \$8.49
Steamed rice, steamed veggi. salad, teriyaki chicken and house sauce
- California** \$8.49
Avocado, cucumber, tomato, corn, black bean, cheese, lettuce, grilled chicken and chipotle ranch

Panini

- Pesto Grilled Turkey** \$7.29
Turkey, fresh mozzarella cheese, pesto mayo, fresh spinach, tomato
- Pesto Grilled Chicken** \$7.29
Marinated chicken breast, fresh mozzarella cheese, pesto mayo, fresh spinach, tomato
- Roast Beef** \$7.29
Roast beef, cheddar cheese, roasted bell pepper, horseradish sauce, deli mustard, red onions
- Turkey Club** \$7.49
Turkey, bacon, fresh mozzarella cheese, roasted red pepper, chipotle mayo
- Veggie** \$6.49
Artichoke, sundried tomato, spinach, fresh mozzarella cheese, chipotle mayo

Quesadillas

- Chicken** \$7.99
Grilled chicken, onions, tomato, bell pepper, cheese
- Steak** \$7.99
Steak, onions, tomato, bell pepper, cheese
- Veggie** \$6.99
Avocado, spinach, onions, cheese, mushroom



Submarine

- Philly Steak & Cheese** \$7.79
Steak, grilled onions, mushrooms, bell pepper, mayo, lettuce, tomato, provolone cheese
- Chicken Steak & Cheese** \$7.49
Chicken breast, grilled onions, mushrooms, bell pepper, mayo, lettuce, tomato, provolone cheese
- Italian Cold Cut Sub** \$7.79
Genoa salami, capicola, pepperoni, mortadella, provolone cheese, lettuce, tomato, hot peppers, red onions, our own Italian dressing
- Roast Beef Sub** \$7.79
Roast beef, lettuce, tomato, mayo, provolone cheese melted
- Wall Street** \$7.99
Hot lean corned beef, pastrami, russian dressing, topped w/cole slaw, swiss cheese melted
- Turkey Club Sub** \$7.79
Turkey, crisp bacon, provolone cheese, mayo, lettuce, tomato
- Italian Meatball Sub** \$7.29
Homemade sauce, provolone cheese melted w/ parmesan cheese

Wraps

- Choice of wrap: plain, spinach, wheat, spicy*
- Hot & Spicy Chicken** \$7.29
Grilled chicken breast, onion, mushrooms, bell pepper, lettuce, tomato, cheddar cheese, jalapeno, house chili sauce on choice of wrap
 - Hot Roast Beef** \$7.29
Roast beef, red onion, lettuce, tomato, ranch dressing, horseradish, cheddar cheese melted
 - Turkey** \$6.99
Turkey, lettuce, tomato, cucumber, red onion, honey mustard, swiss cheese on choice of wrap
 - Grilled Chicken Caesar** \$6.99
Grilled chicken breast, parmesan cheese, caesar dressing, lettuce, tomato on choice of wrap
 - Tuna Salad** \$6.99
Fresh made tuna salad, lettuce, tomato, carrots, red onions on choice of wrap
 - Chicken Salad** \$6.99
Fresh made chicken salad, lettuce, tomato, red onions, cheddar cheese on choice of wrap
 - Turkey, Avocado & Bacon** \$7.99
Turkey, avocado, bacon, horseradish, honey mustard, lettuce, tomato, alfalfa sprouts
 - Hummus Grilled Chicken** \$7.99
Organic hummus, Feta cheese, avocado, lettuce, tomato, cucumber, alfalfa sprouts, bell pepper on choice of wrap

Deli

- Hot Lean Corned Beef** \$6.49
- Hot Lean Pastrami** \$6.49
- Roast Beef** \$6.49
- Turkey Breast** \$5.99
- Virginia Baked Ham** \$5.99
- Chicken Salad** \$6.49
- Tuna Salad** \$6.49
- Egg Salad** \$5.49
- Grilled Cheese** \$4.99
- Turkey, Bacon, Cheese on Croissant** \$7.49
- Tuna Melt** \$6.99

More Sandwiches

- Gyro** \$7.49
Meat, Feta cheese, lettuce, tomato, red onion, cucumber dressing in pita bread
- Reuben** \$7.29
House russian dressing, melted swiss cheese w/ cole slaw
- Turkey Reuben** \$6.99
Turkey, house russian dressing, melted swiss cheese w/ cole slaw
- B.L.T** \$6.49
- Cheese Burger** \$6.99
- Turkey Club** \$7.49
Turkey, crisp bacon, provolone cheese, mayo, lettuce, tomato

Sandwiches with Extra Cheese 0.50
Sandwiches on Croissant, Wrap or Sub Roll 1.00
Extra Avocado 0.75 / Extra Meat 2.00



Salad

- Grilled Chicken Salad** \$7.99
Fresh garden salad topped with grilled chicken breast
- Mesquite Chicken Salad w/Flat Bread** \$8.49
Marinated grilled chicken, shredded bacon, cheddar cheese, red onions, lettuce, tomato, house honey mustard
- Greek Salad** \$6.99
(Add Grilled Chicken or Gyro Meat \$2.00)
- Chef Salad** \$7.79
- Tuna Salad** \$7.49
- Chicken Salad** \$7.49
- Fresh Garden Salad** \$5.99
- Fresh Fruit Salad**

All salads served w/choice of dressing and saltines

Vegetarian

- California Dream Wrap** \$6.99
Organic hummus, Feta cheese, lettuce, tomato, avocado, carrots, bell pepper, alfalfa sprouts, cucumber
- Spicy Grilled Veggie & Cheese Wrap** \$5.99
Grilled bell pepper, egg plant, onions, carrots, mushrooms, lettuce, tomato, cheddar cheese w/house chili sauce
- Veggie Wrap** \$5.99
Feta cheese, avocado, cucumber, red onions, olive, lettuce, tomato, carrots, bell pepper w/ golden Italian dressing

All sandwich available on White, Wheat, Rye, Pumpkinnickel, Multi-grain or kaiser Roll

Lunch Catering

Having a Party?
Try our Famous Platters
We will customize then for any occasion.

Breakfast

Served 7:00am - 10:30am

breakfast special \$6.99

Two eggs with ham, bacon or sausage,
toast with jelly and home fries

- Egg Sandwich w/ Cheese** \$2.99
- Choice of Meat, Egg and Cheese** \$3.99
Bacon, Ham or Sausage
- Toasted Bagel w/ Cream Cheese** \$2.29
- BLT & Egg on Croissant** \$5.99
- French Toast** \$6.99
w/ choice of meat (bacon, ham or sausage) and home fries
- Burrito** \$5.99
w/ choice of meat (bacon, ham or sausage), grilled onions, green pepper, tomatoes, mushrooms, chili sauce, cheddar cheese and egg
- Home Fried Potatoes** \$2.29

(We have assorted bagels)

Omelettes

Served with toast and home fries

- Assorted Cheese Omelette** \$5.99
- Veggie Omelette w/Cheddar Cheese** \$6.99
Assorted vegetables
- Ham and Cheese Omelette** \$6.99
- Bacon, Spinach, Onion & Cheese** \$6.99
- Western Omelette** \$7.29

Bell pepper, onion, ham, mushrooms, tomato, cheese

(Egg white sandwich & omelette available-no extra charge)

Home - Style Soup & Chili

Call for the Soup of the Day



BOWLS
HOT & COLD SANDWICHES
FRESH SALADS & FRUITS
SOUP
COFFEE
LUNCHEON CATERING

BUSINESS HOURS

Open Mon - Fri
Breakfast 7:00am - 10:30am
Lunch 10:30am - 3:30pm

301.738.2020

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