

# The Clubhouse April Events

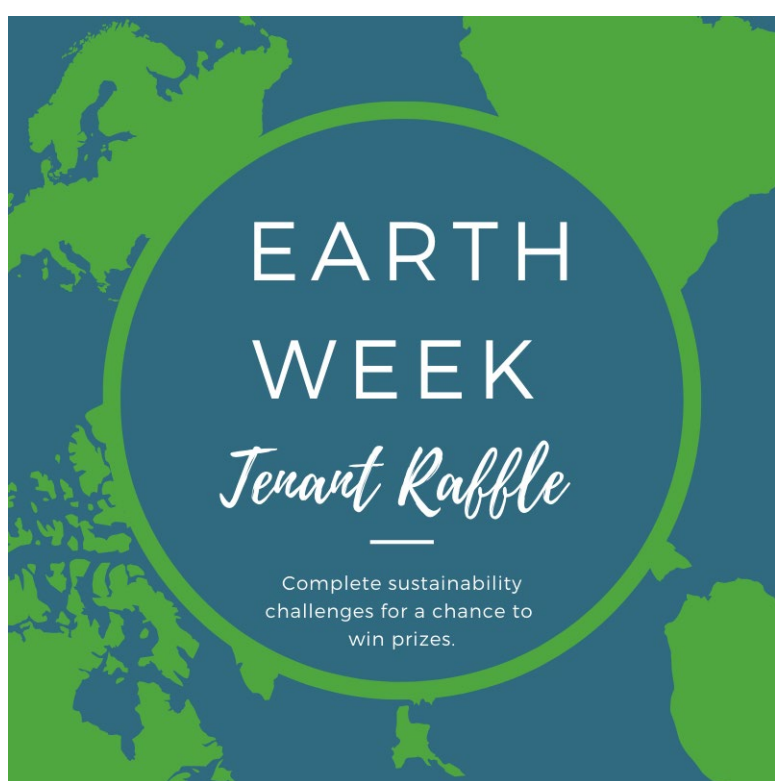


## Wednesday, April 7 | World Health Day

World Health Day is an annual global health awareness day that will take place this Wednesday, April 7. To celebrate we are offering free biometric screenings at The Clubhouse from 11am to 1pm! Biometric Screenings, which are usually offered by The Fit Club for a fee, are a comprehensive health screening that can help you evaluate your risk for illness and measure key health markers such as BMI, blood pressure, cholesterol levels, and blood sugar.

## Tuesday, April 13 | Yoga on the Lawn Relaunch

Yoga on the Lawn is back! We will be relaunching this social distanced, outdoor workout on Tuesday, April 13 at 11:30am. A yoga mat, towel, sanitizer and water will all be provided. We will also be offering participants free lunch to celebrate the re-launch. Email [TheClubhouse@rpopoperations.com](mailto:TheClubhouse@rpopoperations.com) to participate and invite a friend.



## Monday, April 19 – Friday, April 23 | Earth Week

We will be celebrating Earth Day for a full week this year beginning Monday, April 19. You can participate by completing a series of sustainability challenges that will each enter you for a chance to win raffle prizes. On Earth Day, Thursday, April 22, we will also host virtual Earth Day Trivia. Email [TheClubhouse@rpopoperations.com](mailto:TheClubhouse@rpopoperations.com) to participate in trivia for the chance to win additional prizes.

## Wednesday, April 28 | LinkedIn Power Hour

Optimizing LinkedIn is one of the best ways to stay relevant and establish your personal brand. In this hour long session on April 28 at noon, The LinkedIn Guy, a recognized authority on personal branding and LinkedIn, will show you how to set up a strong LinkedIn profile, build your personal brand, and what you should be doing daily to build relationships and expand your network to further your career. Please email [TheClubhouse@rpopoperations.com](mailto:TheClubhouse@rpopoperations.com) to participate.



## Wednesday, April 28 | Red Cross Blood Drive

Sanctuary's spring blood drive is Wednesday, April 28 in The Clubhouse conference rooms from 9am to 1pm. During this crisis, giving blood is more important than ever and Red Cross is taking precautions to keep all donors safe. As an incentive to donate, American Red Cross is offering free COVID-19 antibodies tests to all donors. You can schedule an appointment to donate by going to [redcrossblood.org](http://redcrossblood.org) and entering the code "sanctuary".