

# GENERAL INFORMATION SHEET



## Membership Information:

- Enrollment fee \$33; Monthly \$33; MTM: No Contract
- Group Fitness included – 2 Studios (main and cycle)
- 1 Complimentary Personal Coaching Session
- Opportunities to attend Lunch & Learns
- Wellness Programs
- Master Class opportunities
- Guidance with Fitness/Wellness
- Locker Rooms – Towels, Amenities, Lockers
- App Integration – The Fit Club at Sanctuary

## Additional Services:

- Personal Training
- Nutrition
- Massage Therapy

## Wellness:

- Monthly Programs
- Corporate Options

## Corporate Options (25+ employees):

- Group Fitness Classes
- Lunch & Learns
- Wellness Programs
- Nutritional Guidance

**The Fit Club**  
1115 Sanctuary Parkway  
Alpharetta, GA 30009  
678-273-3512



THE  
**CLUBHOUSE**



POWERED BY  **CORPORATE  
HEALTH  
UNLIMITED**