

# 10 G STREET, N.E

## FITNESS CENTER



### WAIVER AND RELEASE OF CLAIM

I want to use the 10 G Street Building ("10 G") fitness center ("the fitness center") subject to the statements and conditions set forth below. In return for permission to use the fitness center, I agree to those statements and conditions. They are as follows:

1. I realize the exercise and the use of the fitness center equipment can result in injury and other adverse physiological effects.
2. I realize that the fitness center does not have an attendant or supervisor.
3. I agree to use the fitness center entirely at my own risk. I will not hold APA TEN G LLC ("Owners") or any officer, employee or agent of Owners responsible for injury or other adverse physiological effect, of whatever nature whatsoever, resulting from exercise, use of the fitness center equipment, or the actions or conduct of others in the fitness center.
4. I waive and release any and all causes of action, claims, demand, damages, and liability whatsoever that I or my representative may have now or in the future against the Owners, or any officer, employee or agent of Owners, relating to exercise, use of the fitness center equipment, or the actions or conduct of others in the fitness center. I or my representatives will not file a lawsuit or any other kind of complaint or action against the Owners or any officer, employee or agent of the Owners, concerning such cause of action, claims, demands, and liabilities whatsoever.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Building Address of Person Signing Waiver

\_\_\_\_\_  
Company Name

\_\_\_\_\_  
Office/Suite Number of Person Signing Waiver

\_\_\_\_\_  
Access Card#

\_\_\_\_\_  
Work Phone